Dental Health Vs. Overall Health

What does your oral health (the health of your teeth and mouth) have to do with the rest of your body’s health? Before researching, take a guess:

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| **Health Risks**   * If you don’t take care of your dental health, what can happen? | **Maintaining Good Oral Health**   * What are some tips to keep your teeth and mouth healthy? Give 8-10 tips. |
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| What diseases often show symptoms through your mouth? Find at least two things. | What can your saliva (spit) be tested to find?  Give five different things |
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