What should I write about?

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| **Ideas/Topics to start with** | **Your Own Ideas** |
| * Memories
* Problems
* Dreams
* What means a lot to me?
* Things that make me sad
* Risks I have taken
* Accomplishments
* Fears or worries
* Family members
* Friends, past and present
* Heroes and people I look up to
* Favourite things/people
* Pets
* Teachers
* Places: school, camp, trips
* Hobbies
* Sports and/or games
* Music I love (or HATE)
* Anything I have read
* Celebrations
* Movies and TV shows
* Food
* Pet peeves
* My favourite things: Past and present
* Challenges: What do I find hard?
* The future: How do I picture the future? What do I hope to be?
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